



Illinois Health and Hospital Association

ILLINOIS RISK MANAGEMENT SERVICES

Risk Management Webinar
January 22, 2026 | [Register Today](#)

Preventing Risk Management Professional Burnout
Strategies for Promoting Your Resilience

National recognized speakers will share resources and materials to reduce risk, liability exposure, and advance patient safety in healthcare at this year’s IRMS Risk Managers’ Meeting at the Embassy Suites, East Peoria.

Nursing CE credits can be earned by participating in this meeting. MCLE and CPHRM credits have been applied for. MAIC physicians are eligible for renewing premium credit.



Preventing Risk Management Professional Burnout – Strategies Promoting Your Resilience
Tatum O’Sullivan, RN, MHSA, CPHRM, DFASHRM, CPPS
Healthcare Loss Control Expert, Munich Re Specialty
During this presentation you will:

- Identify signs of increased stress and warnings to be aware of that may require intervention.
- Review tools and resources to prevent burnout and promote resiliency and a life balance.

Questions? Mary Stankos, Assistant Vice President
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